



# North Texas

## ACP

**THE ASSOCIATION OF CONTINGENCY PLANNERS**  
**MISSION**  
 To provide a powerful network for the advancement of the industry and the development of our business continuity professionals.

Volume 7, Issue 1

January, 2016



### President's Comments

Happy New Year and welcome to 2016!

We are already off to a wonderful start thanks

to the great program we had in January. The decision was made to move our meeting from the first Tuesday to the following week (Jan 12). Traditionally, we have had poor turnout for our first session of the year and it looks like our move paid off. Thank you to our presenters from Toastmasters: Steve Patterson and Mike Weibel. Toastmasters is a great organization for those individuals wishing to improve their presentation and leadership skills. If interested, I encourage you to go to the website (<https://www.toastmasters.org/>) and click 'Find a Club' at the top. I come up with over 300 individual chapters within a 50 mile radius of Arlington so there is sure to be one near your home or office.

Reminder: renewals are now due at the end of each year regardless of when you joined or renewed in the past. Be certain to renew your membership for 2016! I also recommend that you log into the ACP Corporate web site (<https://www.acp-international.com>) and make certain your contact information is current. We use your e-mail to send reminders about upcoming meeting locations, distribute our

monthly newsletter and keep you informed and engaged regarding goings-on within our chapter and the broader ACP community.

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I don't have to remind anyone that severe weather is not just relegated to the spring here in North Texas. This was evident when we had several strong tornadoes touch-down in the Dallas area on December 26<sup>th</sup>. Twelve people lost their lives and dozens more were left homeless as a result of these unusually strong

storms. We're encouraging our members to pitch in with charitable contributions to the Red Cross. The North Texas Chapter will match all donations up to \$500 total. Members wishing to participate should bring a check made out to the Red Cross to the February Chapter Meeting. If you are unable to attend the February session, please contact [Mark Weidner](#) to make arrangements to mail your contribution.

As we begin 2016 I also encourage all of you to enter the New Year with a renewed passion for learning. Keep your mind open to new ideas and fresh approaches. One never knows where the next trends will emerge and how they may influence the path ahead.

As Yogi Berra once said "If you come to a fork in the road, take it!"

*Mark*

## NORTH TEXAS ACP CHAPTER MEETINGS

Meetings are held the first Tuesday of every month from 12:00 noon to 2:30 pm. The location varies, so check the Chapter Newsletter or Web Site for location information.

### Next Meeting

**Date**----- Tuesday, February 2, 2016  
**Time**----- 12:00 noon  
**Location**----- Quest Diagnostics  
 2655 Villa Creek  
 Dallas, TX 75234  
[Link to Map](#)  
**Food** ----- Is NOT available, BYOLunch  
**Info**----- Quest is in the office complex closest to the Denton Drive side of Villa Creek.

Meeting Agenda	
<u>Topic</u>	<u>Speaker</u>
Welcome .....	Mark Armour
Upcoming Events .....	Mark Armour
Spotlight: Brinks .....	Mark Armour
Program: Cyber Security Incident Response .....	Nancy Heath
Educational Opportunities .....	Jim Kinsman

### Meeting Schedule and Locations

*Schedule and location are subject to change!*

February 2 .....	Quest
March 1 .....	Boy Scouts of America
April 5 .....	Boy Scouts of America
May 3 .....	Boy Scouts of America
June 7 .....	TBD
July 12 .....	TBD
August 2 .....	TBD
September 13 .....	Boy Scouts of America
October 4 .....	TBD
November 1 .....	Boy Scouts of America
December 6 .....	Holiday Luncheon

## 2016 CHAPTER OFFICERS

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# Chapter Recognitions

Join us in offering a big Texas  
welcome to our new chapter  
members:

*Eskender Betrou*

*James Bright*

*Susan Dobbs*

*Lee Giuriceo*

*Emilio Hernandez*

*Jacob Holly*

*Rosalba Martinez*

*Matthew Miller*

*Nehemias Pinales*

*Raymond Seid*

*Dora Vasquez*

*Tammy Walker*

*Scott Williams*



## North Texas ACP Meeting Highlights

**January, 2016**

By Wendy Nelson

If you missed the North Texas Chapter of ACP January meeting you missed an opportunity to become a better communicator and meet our four guests: Travis Amburn, Michael Cisneros, Michael Gaciri, and Jamie Kirk. Our immediate past President, Susan Guinn, ceremoniously passed the gavel to our new chapter President, Mark Armour.

Our featured speakers were from a local Toastmaster club called Big "D" Toastmasters. Steve Patterson, the President of Big "D" Toastmaster, shared the history and benefits of Toastmasters and how to find a club convenient to you. Did you know there are almost 250 clubs around in the Dallas area alone! Then Mike Weibel, VP of Education at Big "D" Toastmaster, shared tips for better presentations entitled "The Best Prepared Wins." You may glean some of these tips by downloading both the presentation and handout from our chapter web site.

The meeting concluded with soliciting ideas for future meetings. If you did not attend in January please be sure to send any ideas to our President Mark Armour.

Our new chapter officers are here to help you (really!) make the best of your ACP membership. If you don't attend monthly meetings you will miss out on the best part of being an ACP member!

## Welcome To Career Corner

Committed to helping our members increase professional knowledge, improve marketable skills, and add value to our industry and community.

*Please send Career Corner topic ideas or suggestions to Jim Kinsman.*



### The Secret to Success at Work in the New Year

By Cy Wakeman, Forbes Contributor

2016 has arrived and with it comes the overwhelming feeling of excitement and anticipation of getting a fresh start – particularly in the business world. Every year at this time many working professionals establish new resolutions and goals for the year ahead and have good intentions to see them through. They vow – no matter what – to make a change for the better.

The unfortunate reality, however, is that many fall short and abandon their goals just as quickly as they set them. This is a result of the conditions and false premise upon which these goals are established – one that requires that their reality or circumstances will change as well.

Yes, in a perfect world you might find yourself in situations where deadlines don't conflict with one another and client demands decrease. Your boss might even be ok with you turning in that productivity report or annual budget a bit late given your hectic schedule. Wow, what an understanding manager. Isn't life grand?

Ok, it's time to return from Fantasyland. While it's true that these scenarios playing out in real life would be easier on us, what are the odds that all that will actually happen? Not good. And yet this skewed take on reality is exactly what keeps us from achieving our goals year after year and finding true happiness and success at work. We intend to work hard and get stellar results for our organizations, but only if the circumstances are in our favor and everyone else follows our lead.

The truth is if we want to make a change and achieve our annual goals we have to be willing to change our mindsets, behaviors and beliefs as to how we will get there. Tackling new goals with the same old outlook or approach simply won't cut it. We must look to ourselves rather than outside factors when it comes to determining our success. Here are three ways this can be achieved in the New Year:

**1. Get Personally Accountable** – It's much easier to point to others as the cause of our problems or roadblocks to our success. That's because personal accountability is usually correlated with the concept of blame, but it's actually much more empowering than we realize. Once we have full ownership over our actions, it becomes clear that we alone

are responsible for our results. It's only then that we will give the gift of our work unconditionally. So stop waiting for someone else to step in and define what success means for you. The power to achieve your goals lies within you and you alone.

**2. Commit To Succeeding In Spite Of The Facts** – There will always be external circumstances that seemingly get in the way of achieving your goals. Quit hoping that your circumstances will change and, instead, change the way you view them. Your circumstances or situation are not the reason you are not succeeding, they are the reality in which you must succeed. Use your energy to persevere and find ways to achieve success despite any obstacles along the way.

**3. Strive For Continuous Learning** – No one has ever succeeded without experiencing some failures along the way, so anticipating some challenges throughout the course of the year is acceptable. Embrace these moments and try to find a way to learn from them in the future. What choices did you make and how did they impact your results? Need some help? Look to a manager or mentor for advice and take their feedback to heart. Act on it and use it to better yourself and achieve your goals. You don't have to be perfect, but you do need to learn from your errors if you expect to grow.

With the right mindset and attitude, meeting your professional goals this year is very possible. You have the ability to get what you want, but first you have to embrace reality and play by its rules. Starting with yourself is where it all begins. Get to a state of constant readiness and be prepared to change your own behaviors and push for results no matter what potential roadblocks are in your way.

Remember, you can't expect anyone to work harder for your success than you do. If you vow to give it your all, accept reality and learn along the way, success will be within reach.

#### Reference

Cy Wakeman, Forbes Contributor (January 18, 2016). The Secret To Success At Work In The New Year. Forbes.com. Full article located at: <http://www.forbes.com/sites/cywakeman/2016/01/18/the-secret-to-success-at-work-in-the-new-year/#2715e4857a0b74f46eb4ce6f>

## Did You Know?

We will be conducting a Red Cross fund raising drive at the February meeting to help our neighbors in the Garland area impacted by the December tornadoes. The chapter has pledged to match your donations up to \$1,000. So, please bring a check made out to the Red Cross to the February meeting. Your generosity will make a difference!

## More Did You Know?

The chapter is also trying to organize a group of volunteers to assist with the recovery efforts in the Garland area. We are currently targeting either Friday, February 12<sup>th</sup> or Friday, February 19<sup>th</sup> to serve. More information will be provided during the February meeting.



### Important Links

[Association of Contingency Planners](#)

[Association of Contingency Planners, North Texas  
Chapter Web Site](#)



Association of Contingency Planners  
North Texas Chapter

<http://northtx.acp-international.com/>